

# PATRICIA BENITEZ HEMANS

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## EDUCATION

**PhD Candidate in Education Studies** | Critical Gender Studies specialization **2017 - present**

University of California at San Diego | La Jolla, California

*Embodying Practices, Empowering Changes: A Mindfulness for Critical Educators*

Committee: Theresa Ambo, Amy Bintliff, Christoforos Mamas (Chair), Anita Raj,

K. Wayne Yang

**Master of Education**

**2007**

University of California at Los Angeles | Los Angeles, California

**Bachelor of Arts in English** | Minor: Education Studies

**2004**

University of California at Los Angeles | Los Angeles, California

## RESEARCH AND TEACHING INTERESTS

Critical, feminist, and contemplative pedagogies | embodiment and embodied learning | decolonization and gender theories | teacher education and teacher development | action, participatory, and community-based methodologies

## PUBLICATIONS

Peña, D., **Hemans, P. B.**, & Susholtz, L. (2022). Teaching through a pandemic: Possibilities for student engagement created by university-school-community partnership. *PDS Partners: Bridging Research to Practice*, 17(2), 85-94.

**Hemans, P. B.**, Lewis, P., & Osoria, R. (2020). The dual invisibility of mother scholars of color. *About Campus*, 25(2), 24-27. <https://doi.org/10.1177/1086482220913702>

**Hemans, P. B.**, Gluckman, M., Ferry, L., & Hargis, J. (2019). Reflective teaching: What instructional assistant reflection can inform us about transformation in higher education. *Journal of Transformative Learning*, 6(1), 22-38.

## REPORTS AND WORKING PAPERS

Bintliff, A., **Hemans, P. B.**, & Levine, R. (In prep). Partnering with families in poverty: A non-deficit approach to promoting Youth Development through parent engagement and student leadership at an Akanksha School in Mumbai.

Bintliff, A., Demesa, C., Salas, E., Levine, R., Gluckman, M., & **Hemans, P.B.** (In review). *The Well-being Club: A Curriculum for Positive Well-being*.

Bintliff, A., Holtzman, C., **Hemans, P. B.**, & Salas, E. (2020). Faculty and staff responses to youth development at two Akanksha schools. UCSD Department of Education Studies. Unpublished report.

## **PUBLIC SCHOLARSHIP**

Hemans, P. B. (2022, January 21). Preparing and supporting the teacher activist. CTERIN Voices. <https://cterinvoices.blogspot.com/2022/01/preparing-and-supporting-teacher.html>.

Hemans, P. B. (2019, June 26). Trauma-informed practices: Lessons from New Zealand. Education Week. [http://blogs.edweek.org/edweek/global\\_learning/2019/06/trauma\\_informed\\_practices\\_lessons\\_from\\_new\\_zealand.html](http://blogs.edweek.org/edweek/global_learning/2019/06/trauma_informed_practices_lessons_from_new_zealand.html)

## **AWARDS AND FUNDING**

<b>Diversity Fellowship Award</b> Department of Education Studies, UC San Diego	2022-2023
<b>Educating Teacher Educators Doctoral Fellows Program</b> UC California Teacher Education Research and Improvement Network	2021 - 2022
<b>Thrive - Decolonizing Wellness Mentorship Program</b> Embody Inclusivity, Los Angeles	Jul 2020
<b>Summer Session Access Grant</b> The Association for Contemplative Mind in Higher Education	May 2020
<b>Dean's Scholars Summer Funding</b> Department of Education Studies, UC San Diego	Summer 2020
<b>Evolution of Yoga Summit Scholarship</b> Yoga Alliance, Yoga Service Council, and Accessible Yoga	Feb 2020
<b>Travel Grant</b> Graduate Student Association, UC San Diego	Nov 2019
<b>Breaking Out of the Classroom Grant</b> UCSD Institute for Arts and Humanities	Jun 2019
<b>Dean's Scholars Summer Funding</b> Department of Education Studies, UC San Diego	2019
<b>Education Studies Scholar</b> Department of Education Studies, UC San Diego	2018 - 2019
<b>Summer Research Fellowship</b> Department of Education Studies, UC San Diego	2018
<b>Doctoral Student AERA Travel Grant</b> Department of Education Studies, UC San Diego	Apr 2018
<b>Education Studies Scholar/First Year Scholar</b> Department of Education Studies, UC San Diego	2017 - 2018
<b>Professional Development Grant for U.S. Teachers</b> Fulbright Program, U.S. Department of State	Feb 2016
<b>Fulbright Distinguished Award in Teaching</b> Fulbright Program, U.S. Department of State	2015 - 2016

## CONFERENCES AND PRESENTATIONS

Hemans, P. B. (2022, Nov 2 - 4) *Embodying practices, empowering changes: A mindfulness for critical educators* [Interactive Session]. CERA Annual Meeting Anaheim, California

**Hemans, P. B.** & Trejos, J. (2020, Apr 17 - 21) *Working in community coalitions toward the creation of culturally relevant trauma-informed schools: Recommendations for state policy* [Roundtable Session]. AERA Annual Meeting San Francisco, California (Conference Canceled)

Trejos, J. & **Hemans, P. B.** (2019, Apr 5 - 9) *Toward culturally-relevant trauma-informed schools: A Closer look at California Assembly Bill 2691* [Poster Session]. AERA Annual Meeting Toronto, Canada

Bjorkland, P., **Hemans, P. B.**, & Daly, A. (2019, April 5 – 9) *Lay theories and possible selves: Preservice teachers' beliefs about K-12 teachers and their future practice* [Paper Session]. AERA Annual Meeting Toronto, Canada

Gluckman, M., **Hemans, P. B.**, Ferry, L., & Hargis, J. (2018 March 8 – 9) *Reflective teaching: What instructional assistant reflection can inform us about transformation in higher education* [Roundtable Session]. Transformative Learning Conference Oklahoma City, Oklahoma

Hemans, P. B. (2016 October) *Trauma-informed schools: Lessons from New Zealand* [Presentation]. California League of Schools Fall Conference Costa Mesa, California

Hemans, P. B. (2016 June) *Teaching at-risk youth in alternative schools: Best practices for transformation* [Presentation]. University of Victoria at Wellington, New Zealand

Beswick, C. & **Hemans, P. B.** (2015 October) *What is a trauma-informed school?* [Presentation]. A+ Plus Conference San Diego, California

## PROFESSIONAL WORKSHOPS

**Hemans, P. B.**, Hameed, S., & Donikian, N. (2021, May 20). *Abolitionist maneuvers series: Accountability, safety, and healing* [Workshop]. UC Riverside, Riverside, California

Hemans, P. B. (2021, March 4) *Incorporating mindfulness in our daily lives* [Workshop for UCSD Pilipino Undergraduate Society for Health]. UC San Diego, La Jolla, California

Hemans, P. B. (2020, November 22) *Mind body integration: Embodying personal and social change* [Workshop for 300 hour Advanced Yoga Teacher Training]. United Yoga Studio, San Dimas, California

## **TEACHING EXPERIENCE – HIGHER EDUCATION**

### **University of California, San Diego**

#### ***Course Instructor***

EDS 146/139: Mindfulness and Education/Practicum 2021 – 2023

***Teaching Assistant*** 2020 – 2022

EDS 140/141: Action Research in PreK–12 Education: Advanced  
Practicum in PreK–12 Schools and Communities

EDS 198: Directed Group Study

EDS 190: Directed Group Study

HDS 1: Introduction to Human Developmental Science

Remote Learning Summer 2020– Lead TA

***Reader*** 2017 - 2019

EDS 111: Child, Family, and Community Partnerships

EDS 115: Cognitive Development and Education

EDS 131: Early Childhood Development and Education

EDS 133: Counseling, Mentoring, and Academic Advising (P-12)

EDS 135: Working with Newcomer Communities in San Diego

### **University of California, San Diego – Extension**

#### ***Course Instructor***

EDUC 40351/40320: Mindfulness for Critical Educators Spring 2021

## **TEACHING EXPERIENCE – K-12 AND OTHER**

### **Diego Valley Charter School | El Cajon, California**

Lead Teacher/ELA Teacher/Instructional Designer 2012-2017

### **National University Academy | San Diego, California**

English Teacher 2011-2012

### **UROK Learning Institute – San Pasqual Academy | Escondido, California**

English Teacher 2010-2011

### **Converse International School of Languages | San Diego, California**

English Instructor 2010

### **Academic Bridging Program, Tsinghua University | Beijing, China**

English and SAT Teacher 2009 - 2010

### **Beijing Huijia International High School | Beijing, China**

IB English Teacher 2009

### **Beckett Estudio | Buenos Aires, Argentina**

English Instructor 2008

**Belmont Senior High School | Los Angeles, California**

English Teacher

2006 - 2008

**RESEARCH EXPERIENCE**

**Graduate Student Researcher** – *Partners at Learning (PAL) program*

2018 - 2022

Department of Education Studies | University of California, San Diego

Projects include: *Continuing PAL Student Retention; Family-Centered Newcomers Program; Social-Emotional Learning at Akanksha Schools; University-School-Community Partnerships During the Pandemic*

**Graduate Student Researcher** – *Social Networks of Pre-Service Teachers*

2018 - 2019

Department of Education Studies | University of California, San Diego

**Graduate Student Researcher** – *Reflection and Transformation of Instructional Assistants (IAs)*

2017 - 2018

The Center for Engaged Teaching | University of California, San Diego

**Fulbright Distinguished Award in Teaching** – *Teaching At-Risk Youth in Trauma-Informed Schools*

2017 - 2018

Fulbright Program | U.S. Department of State

**RELATED EXPERIENCE**

**Co-founder and private consultant** – *The Transformative Collective*

2021 - 2022

Serving the San Diego, San Bernadino, and Riverside areas

**Yoga Instructor** – *private and school-affiliated*

2008 - present

Private employment (previous work with UCSD FitLife Recreation and Diego Valley and Diego Springs Charter Schools)

**Invigilator**– *International English Language Testing System (IELTS)*

2009 - 2010

British Council | Beijing, China

**PROFESSIONAL SERVICE**

**Committee Member** – *Critical Gender Studies Executive Committee*

2021 - 2022

University of California, San Diego

**Committee Member** – *Education Studies PhD Council Member*

2021 - 2022

University of California, San Diego

**Committee Member** – *EDS LPSOE Search Committee*

2019

University of California, San Diego

**Peer Reviewer**

<i>PDS Partners: Bridging Research to Practice</i>	2022 - present
<i>American Educational Research Association – Annual Meeting</i>	2021 - present
<i>The Journal of Professional Capital and Community</i>	2021 - present

**PROFESSIONAL MEMBERSHIPS**

California Educational Research Association  
American Educational Research Association  
The Association for Contemplative Mind in Higher Education  
Fulbright Association  
International Exchange Alumni  
Yoga Alliance

**REFERENCES**

Provided upon request