

Katherine Arias Garcia M.A.

Objective: To obtain a PhD in Education at University of California, San Diego, to gain research skills in order to use my counseling, organizational and leadership skills along with my passion for access, retention to become a faculty leader in the education field.

Education

Masters of Arts, Education with emphasis in Multicultural Counseling

Community-Based Block Program
San Diego State University, May 2009

Bachelor of Arts, Ethnic Studies

Bachelor of Arts, Psychology
University of California, San Diego, June 2007

Professional Experience

Coordinator, PRIME - Health Equity

UC San Diego School of Medicine, September 2012 to Present

Responsible for all tasks related to the development and managing of the PRIME-HEq program including program development, advising of PRIME students, cohort based development of students, administration, admissions and outreach, event coordination, marketing and communications, program budget, grant support, reports and evaluations. Prepare PRIME students to become leaders to meet the needs of the underserved through programming that is focused on leadership development, research skills, mentorship, speaker series and cultural competency. Compile program evaluation mid-year and annual reports to measure program outcomes. Provide program evaluation data from surveys, focus groups and student/program data. Teach "Lincoln HS- Healthy Minds, Healthy Bodies" course to medical students. Supervise medical students in afterschool mentoring program at partner Lincoln High School. Oversee and manage PRIME outreach, recruitment and admissions process by working closely with the Office of Student Affairs and Admissions. For Admissions, read applications and conduct Multiple Mini Interviews. Attend outreach meetings, recruitment fairs and maintain contact with interested students. Provide leadership in the development of innovative strategies for the recruitment and retention of underrepresentative students in School of Medicine. Work closely with student organizations to create a sense of place and community for students of color in UCSD School of Medicine, specifically with the Latino Medical Student Association (LMSA), Student National Medical Association (SNMA), Asian Pacific American Medical Student Association (APAMSA) and Lesbian Gay Bisexual, Transgender & Allies (LGBT&A). Organized retreats, Orientation,

quarterly meetings and PRIME student council. Collaboration with faculty and UCSD Departments, UCSD Global Health Department, UCSD Ethnic Studies, UCSD Sciences and other university partners. Development of community engagement projects (cultural immersion tours) with the broader San Diego community and to identify opportunities for student involvement. Strengthen and created new partnerships with San Diego community, such as, Lincoln High School, Hoover High School, San Ysidro High School, Barrio Logan College Institute, Reality Changers, TRiO programs, Scripps Chula Vista, Casa Familiar, San Ysidro community, San Diego Mesa College and Southwestern College. Work closely with Alumni Affairs to track and engage the growing number of PRIME alumni.

Counselor, Upward Bound/Health Careers Opportunity Program

San Diego State University, September 2011 to June 2012

Advise a case of 90 students in 4 school sites. Provide counseling, educational support services and assess student's educational needs. Develop individual learning plan based on assessment and development of learning outcomes for student services. Assist students with college application process, completing online FAFSA application and housing forms. Establish and maintain ties with school personnel, teachers and principals. Organize workshops for student development, personal growth and student needs. Accurately collect and organize data for grant submission. Organize a first year college experience workshop to assist seniors as they transition to college. Assist in coordinating California College Road Trip.

High School Research Study Coordinator, Health Careers Opportunity Program/Upward Bound

San Diego State University, June 2009 to June 2012

Responsible for a broad range of program support, program delivery and administrative functions related to the recruitment, selection, counseling and cultural enrichment components of the Health Careers Opportunity Program (HCOP)/Upward Bound Program. In charge of expanding the role of research and keep up to date on research for high school students access to a university. Participant in the strategic planning of the SDSU Pre-College Institute and concurrent implementation of vision and mission. Collaboration between the HCOP and UB programs. Responsible for identifying students interested in health careers in the SDSU Upward Bound program and providing intensive academic support services and participation in the mentorship program. Responsible for the planning and implementation of a 5 week Mentorship Career Exploration course during the Upward Bound Summer Residential Program. Develop recruitment student/mentor forms, assign student placements and coordinate daily tasks of the summer mentorship program. Responsible for the planning and implementation of the Career Enrichment component which includes guest speakers, career exploration, university and graduate school advising. Establish and maintain liaisons with SDSU professors, TRiO programs as well as academic, student affairs and campus department. Assist the Director in preparing quarterly and annual Report Mentoring Data for the submission to the Health and Human Services Department. Accurate report of data, compilation of grant data, daily contact logs, creation of excel file for senior files and HCOP hours tracking.

Academic Advisor, Talent Search Program

San Diego State University, June 2009 to June 2011

Monitor the academic achievement of low-income and first generation college bound high school students. Provide educational support services and assess student's educational needs and develop individual learning plan based on assessment. Assist students with college application process, completing online FAFSA application and housing forms. Advise a case of 150 students in 3 school sites. Establish and maintain ties with school personnel, teachers and principals.

Counselor Intern, Talent Search Program

San Diego State University, September 2008 to June 2009

Advise a case of 60 students in 2 school sites. Assist students with college application process, completing online FAFSA application and housing forms. Develop an after-school support group, personal growth course "Unleashing your Potential" to provide counseling and support the personal growth of students. Facilitate weekly support group, topics included, first generation and low-income issues, race/ethnicity, gender, personal growth exercises and leadership development. Organize parent college night.

Project Expert, Upward Bound

Mt. San Antonio College, November 2007 to August 2008

Provide advising to 60 low-income/ first generation college-bound students. Teach course "Get a Jump" class during summer residential program, a college introduction class, coordinate class schedule and develop lesson plans. Develop and organize "Senior Seminar" a transitional 3 day retreat for graduating seniors and manage a \$4000 budget to organize event. Provide personalized college resources for students and facilitate workshops on time management, resume building, career exploration and transition to college. Coordinate Saturday conference for parents in English and Spanish, which included guest speakers and financial aid workshop. Assist the Director in the submission of the Annual Performance Report (APR) to the U.S. Department of Education according to established guidelines and regulations.

Assistant Residential Coordinator, Summer Bridge / Academic Transition Program

Office of Academic and Instructional Services

University of California, San Diego, June 2007 to August 2007

Assist Director in planning a 4-week summer transition program, Summer Bridge, to increase the retention and social/academic development of Chicano, Latino, African American, Pilipino, and Native American, low-income / first-generation students. Supervise 17 upper division undergraduate students who served as Academic Transition Counselors. Provide training on counseling techniques, group facilitation, and post-secondary adjustment issues to student staff. Develop training schedule and organized agenda for Residential staff retreat. Facilitate staff meetings. On-site judicial officer and enforced discipline policies. Organize the Leadership Component along with 5 multicultural student organizations to foster leadership development and cultural awareness.

Administrative Intern, Cross-Cultural Center

University of California, San Diego, June 2005 to June 2006

Coordinate room reservations of the Cross-Cultural Center along with the Facility Manager. Organized the Affiliate Program within the Cross-Cultural Center, by creating forms, guidelines and procedures for student organizations to become Affiliates of the

Cross-Cultural Center. Responsible for the office maintenance and front-end operations of the Cross-Cultural Center.

Academic Transition Counselor, Summer Bridge / Academic Transition Program
Office of Academic and Instructional Services

University of California, San Diego, July 2004 to June 2006 and January 2007 to June 2007

Mentor a cohort of 8-10 low-income and first generation college students during the residential 4 week Summer Bridge program and freshmen year. Coordinate and facilitate workshops on topics such as transitioning to college, body image, race/ethnicity and healthy relationships. Conduct one-on-one individual sessions with students to facilitate the academic and social transition of student of colors.

Additional Training and Education

- Cultural Competence in the Student Affairs Environment
- TRiO Training Institute Seminar, Record Keeping, Performance Reporting & Evaluation
- Three Day Institute on Latina/os Pathways to the Ph.D., K-20
- Blumen Database Training

Leadership and Awards

UCSD Cesar Chavez Committee Celebration 2015 - co chair 2014-2015, 2015-2016

Raza Resource Centro Advisory Board - 2014, 2015

Latino Medical Student Association - Advisor Award 2015

Research Publications

K.Garcia, T. Powell., L. Willies-Jacobo, A. Lopez, J. Bailey. University of California San Diego's Program in Medical Education - Health Equity: Training Future Physicians to care for underserved communities, *Journal of Health Care for the Poor and Underserved*, May 2016 issue 27.2.

Presentations and Workshops

- *Program in Medical Education – Health Equity (PRIME-HEq): Training Future Physicians to Care for Underserved Communities at Risk for Health Disparities*
Poster Presentation, Public Health Research Day, UCSD, April 2015
- *Teaching Health Curriculum and Mentoring at Lincoln High School*
Presenter, Teaching Diversity Conference, UCSD, January 2015
- *Health Disparities in the Chicano/a & Latino/a Community*
Presenter, Movimiento Estudiantil Chicano/a de Aztlan (MEChA) Nationals Conference, UCSD, March 2013
- *Program in Medical Education – Health Equity (PRIME-HEq): Developing Leaders to Eliminate Health Disparities*
Presenter, Latino Medical Student Association (LMSA) West Regional Conference, UCSD School of Medicine, March 2013
- *Your Road to Medicine*
Presenter, SoCal WESTOP TRiO Student Leadership Conference, UCSD, April 2013

- *PRIME Yourself: the UC PRIME Program*
Presenter, Medical Education for Diverse Students (MEDS) Conference, UCSD, January 2013, 2014, 2015
- *Building Student's Money Skills: Interactive Financial Literacy for Pre-College Students*
Presenter, TRiO, SoCal Professional Development Seminar, Pasadena City College, November 2010
- *Who I am Makes a Difference*
Presenter, TRiO: Student Leadership Conference, Cal State University Northridge, March 2009
- *Connect Four: Connecting Values, Lifestyles, Skills and Personality Types to Career Exploration*
Presenter, Western Association of Educational Opportunity Personnel, WESTOP, Phoenix, Arizona, March 2009
- *College Avenue Compact: College Begins*
Presenter, Parent Night at Monroe Clark Middle School, January 2009

Conferences

- Western Group on Educational Affairs (WGEA), Delegate May 2013, March 2014, April 2015
- National Conference on Race & Ethnicity in American Higher Education, Delegate May 2006 and Delegate May 2007
- Western Association of Educational Opportunity Personnel, Delegate February 2008, 2009, 2010, 2011

Professional Affiliations

- UCSD CONCILIO, since 2012
- UCSD Chicano/a Alumni Association
 - former Vice-Chair, 2010-2012 and Scholarship Coordinator, 2009-2010
 - current President, 2012-present